

Preoperative H&Ps: Con



BobbieJean Sweitzer, MD, FACP, F-SAMBA,
 FASA

Past President, SAMBA
 Systems Director, Perioperative Medicine,
 Inova Health
 Professor, University of Virginia

Bobbiejean.sweitzer@inova.org

1

Objectives

Audience members will:

- ✓ Go home and do whatever it takes to eliminate requirements for preoperative H&Ps for patients having ambulatory procedures

Disclosures

- ✓ I receive funding from UptoDate, IARS and Medtronic

2

**DEPARTMENT OF HEALTH AND
HUMAN SERVICES**

**Centers for Medicare & Medicaid
Services**



The current regulations at § 416.52 require ASCs to ensure that a physician or other qualified practitioner provide a comprehensive medical history and physical assessment (H&P) completed not more than 30 days before the date of the scheduled surgery.

We proposed to remove the current requirements at § 416.52(a) and replace

3

There are, however, no known studies supporting the proposition that H&P procedures should be performed within 30 days of surgery to avoid adverse consequences to patients.



We are unaware of any study or body of opinion suggesting that 30 days or any such arbitrary time limit can be medically justified, or that any providers would adhere to such a limit if not a regulatory requirement.

4

follows that the persistence of low-value testing may simply be due to our requirement for what are often low-value H&Ps, as opposed to an indication



estimate of the annual costs of the current regulatory requirement, as shown in Table 15, could be as much as \$908 million for ASCs and a similar amount for hospital outpatient surgery.

5

Association of Preoperative Medical Consultation With Reduction in Adverse Postoperative Outcomes and Use of Processes of Care Among Residents of Ontario, Canada

Weiwei Beckerleg, MD, MPH; Daniel Kobewka, MD, MSc; Duminda N. Wijeyesundera, MD, PhD;
Manish M. Sood, MD, MSc; Daniel I. McIsaac, MD, MPH



- ✓ Echocardiograms
- ✓ Stress testing
- ✓ Pharmacologic interventions
- ✓ LOS



- ✓ Costs
- ✓ Stroke
- ✓ Postoperative ventilation
- ✓ 30-day ED visits
- ✓ **Deaths** (both 30-day and 1 yr)

6



Effective date: These regulations are effective on November 29, 2019. The

proposal to replace the requirement that every patient have a comprehensive H&P within 30 days prior to surgery in an ASC with a requirement that allows the operating physician and ASC to determine which patients would require more extensive testing and assessment prior to surgery.

DEPARTMENT OF HEALTH AND HUMAN SERVICES
Centers for Medicare & Medicaid Services

SOCIETY FOR ANESTHESIOLOGY
SAMBA
ULATORY NESTHESIA
Outpatient • Office Based • Non-Operating Room
www.SAMBAhq.org

7

decreasing the amount of time that ASC personnel spend following up on patient visits to obtain the necessary H&P information and that it will provide for an increase in scheduling flexibility for the facility. We believe these changes may have the effect of improving **patient satisfaction** and increasing positive patient referrals for the ASC.



SOCIETY FOR ANESTHESIOLOGY
SAMBA
ULATORY NESTHESIA
Outpatient • Office Based • Non-Operating Room
www.SAMBAhq.org

8

- **For PCPs:**
- Reduce unnecessary exams
- Reduce administrative and paperwork
- Reduce testing requirements
- Increased access for other patients
- More income from better payer mix

- **For Patients**
- Reduces time to prepare for surgery
- Reduces costs
- Reduces missed time from work



www.SAMBAhq.org



For Payers:

- Reduces expenses
- Increases access to providers for Medicare patients



9

Association of preoperative anaesthesia consultation prior to elective noncardiac surgery with patient and health system outcomes: a population-based study



- ✓ Days alive at home at 90 days
- ✓ Significantly more days at home:
 - ✓ Frail
 - ✓ ASA-PS ≥ 4
 - ✓ Ischemic heart disease
 - ✓ Vascular surgery



- ✓ 30-day mortality
- ✓ 1 year mortality
- ✓ LOS
- ✓ 30-day costs

10

Did I Meet My Objective?



Audience members **will/must**:

Go home and do whatever it takes to eliminate requirements for preoperative H&Ps for patients having ambulatory procedures

Bobbiejean.Sweitzer@inova.org