





OR Efficiency

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1



Conflicts of interest

- None for this lecture
- Board of directors for AAAHC
- President-Elect SAMBA

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2



Objectives

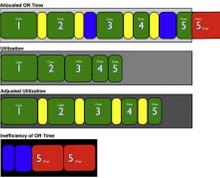
- Be able to assess a facility's efficiency
- Be able to identify components that go into efficiency
- Demonstrate alternatives to current work flows

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3





Utilization

Idle time

Case Time

Efficiency of OR Time

Adjusted OR Time

Utilization

Idle time

Case Time

Efficiency of OR Time

Adjusted OR Time

Definitions

Pash, et al. Anesthesiology Clin 32 (2014) 517-527

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4



OR Efficiency Scoring

Metric	Points		
	0	1	2
Excess staffing costs	Greater than 10%	5-10%	Less than 5%
Start-time tardiness (mean tardiness of start times for selective cases per OR per day)	Greater than 60 min	45-60 min	Less than 45 min
Case cancellation rate	Greater than 10%	5-10%	Less than 5%
PACU admission delays (% of workdays with at least one delay in PACU admission)	Greater than 20%	10-20%	Less than 10%
Contribution margin (mean) per OR hour	Less than \$1,000/h	\$1,000-2,000/h	More than \$2,000/h
Turnover times (mean setup and cleanup turnover times for all cases)	Greater than 40 min	25-40 min	Less than 25 min
Prediction bias (bias in case duration estimates per 8 h of OR time)	Greater than 15 min	5-15 min	Less than 5 min
Prolonged turnovers (% of turnovers that are more than 60 min)	Greater than 25%	10-25%	Less than 10%

Marcario. Anesthesiology 2006; 105:237-40

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5

Efficiency Score: Staffing Costs

- Match to workers to do the work:
 - Circulator
 - Scrub
 - Anesthesiologist
 - Surgeon
- Avoid over- or under-use

Percent of time idle or over

- 0 points for > 10%
- 1 point for 5-10%
- 2 points for < 5%

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6

**Efficiency Score:
Start Time Tardiness**

Mean tardiness of start times for elective cases per OR per day (8 hr):

- 0 points > 60 min
- 1 point 45-60 min
- 2 points < 45 min

- Keeps patients from waiting
- Balance between arrival time and time to prepare vs. predicted case time
- No credit given for cases that start early

7

**Efficiency Score:
Cancellation Rate**

Rates of:

- 0 points > 10%
- 1 point 5-10%
- 2 points < 5%

- Rates vary 4.6% to 13% depending on case type and location
 - Facility-based
 - Weather-based
 - Process-based
 - Patient-based (biggest)

8

**Efficiency Score:
PACU Admission Delays**

% of OR days with 1 case delay

- 0 points > 20%
- 1 point 10—20%
- 2 points < 20%

- This metric involves staffing resources to avoid delays in care in the PACU

9

**Efficiency Score:
Contribution to Margin**

Margin per hour

- 0 points < \$1000
- 1 point \$1000-\$2000
- 2 points > \$2000

- Margin per hour of OR time is income minus all costs (labor, supplies)
- All cases > \$0 should be done
- Variability of contracts make is more difficult in US care model

10

**Efficiency Score:
Turnover Times**

Minutes

- 0 points > 40
- 1 point 25-40
- 2 points < 25

- Only time for clean-up and set-up, not delays
- Only is beneficial if staff and allocations are likewise reduced
- OR managers use it because it is comparable and surgeon satisfier

11

**Efficiency Score:
Prediction Bias**

End time at 8 hour shift

- 0 points >15 min
- 1 point 5-15 min
- 2 points < 5 min

- Judges your accuracy of case time
- Surgeons "underestimate"
- Historical data present 37%
- Facility may have 6000 DPCs

12

**Efficiency Score:
Prolonged Turnover**

- % of turnovers > 60 min*
 - 0 points >25%
 - 1 point 10-25%
 - 2 points < 10%

- Includes all reasons
- Process assessment
- Scheduling assessment

*Hospital-based

13

Definitions

- Important to have a common goal and idea of what time:
 - Start time
 - Turnover time
 - Patient arrival



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14

Definitions

- **Surgical Responsibilities:**
 - History and Physicals
 - Immediate pre-op assessment
 - Site marking
 - Consent
 - OR/Anesthesia set-up
 - Presence at case start



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15

Definitions: Efficiency

- **Time Used/Time Available**
 - Assumes fully staffed for day
 - Ability to place more cases
 - Assumes all case pay equally
 - Cancellation rate
 - Overhead is basically fixed
 - "Lean" processing
 - Easier to compare as benchmark
- **Expense/Time**
 - Variable staffing
 - Ability to place more cases
 - Variable expense rate
 - Cancellation rate
 - Cases treated individually
 - Better for setting costs



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16

Efficiency Benchmarks

Block Utilization:

- 70% is industry standard
- 65-80% is a good goal
- >85% is time to build/expand
- Variables is time available
 - 7am-3pm?
 - 7:30am-5:00 pm?
 - Most use 8-hour day



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17



18

Pre-op Evaluation and Testing

- Pre-Eval clinics reduce case cancellation (A1 level of recommendation!!!)
- Need to have consistent algorithms
- Options:
 - Phone vs Video vs In Person
 - RN vs PA/APN vs MD/DO
 - Electronic interface
- Testing only when indicated



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Pre-op: Scheduling of Cases

- Who schedules/verifies?
- Case length*
 - Average vs Surgeon request
 - "Optimism"
- Case order
 - Long vs short
 - Patient age
 - Case type
- When does assessment happen?



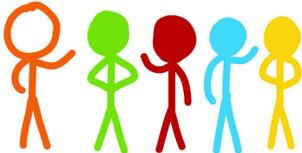
* Reeves, et al. A&A. December 2021 • Volume 133 • Number 6

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20

Pre-op: Arrival Time

- How long does it take to admit?
 - Average
 - Interpreter
 - Special needs
 - Ortho/crutch training
 - ASA score
 - COVID testing issues
- Transportation issues
- Anticipation of schedule performance

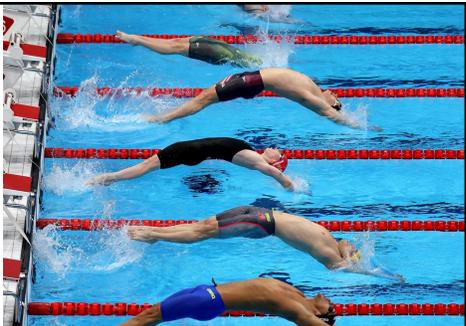


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Pre-op: Order Set

- Should standardize patient admission
- May include:
 - Pre-medication
 - DVT prophylaxis
 - Pregnancy testing
 - Glucose testing
 - Admission
- Surgical sets for X-ray, Antibiotics



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Intra-Op: "Start Time"

- For staff
- For "wheels at the door"
- Staggered
- First case vs consecutive cases
 - Not associated with delayed end
 - Under-utilized time at end of day has greater impact on efficiency than anything else.*



* Reeves, et al. A&A. December 2021 • Volume 133 • Number 6

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23

Intra-Op: Turnover Time



- Need a definition
- Idealize parallel processing
 - Mapping of duties is useful
 - May differ by case type
- Induction rooms
 - Satisfaction
 - Effectiveness*
- Block room reduced times and increased cases/day**
- Anesthesia Contribution

*Varughese, et al. Pediatric Anesthesia 22 (2012) 327-334
 **Brown, et al. Int J Health Care Qual Assur 2014;27(8):697-706.

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24



Intra-Op: Turnover Time

- Limited by staffing—Lunch time
- Music Choice*
- Surgeon's role
 - Availability**
 - Routine of "paperwork"
 - Motivations**

*Mosaed, et al. J Perioper Pract 2020 May;30(5):141-144.
**Gottschalk, et al. HAND 2016, Vol. 11(4) 489-494

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25

Intra-Op: ASC VS HOPD vs Hospital

- Staffing in hospital had 6x and 2.5x greater changes in ST and RN than ASC*
- ASCs more likely than HOPD**
 - Have consistent team
 - Slightly lower ASA score
 - Physician ownership
 - Less distractions
 - Better metrics for case time, TOT, out of room, recovery



*Patrick, et al. Orthopedics. 2017; 40(5):297-302.
**Imran, et al. The American Journal of Surgery 218 (2019) 809eS17

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26

Intra-Op: Miscellaneous

01:00PM	C25	Delayed
03:30AM	C18	Cancelled
01:41PM	B10	Delayed
02:16PM	B5	Delayed
02:18PM	B5	On Time

- Cancellation rate:
 - By cause
 - Great topic for QI study
- EMR vs Paper
- Residents/Trainees*
 - Longer induction and emergence
 - Faster turnover
 - Best model for ambulatory is supervised CAA/CRNA

*Imran, et al. The Ochsner Journal. 14(2):25-30, 2013

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Post-Op: Staffing



- Flexibility between areas
- Full-time vs part-time
- Call vs Second Shift

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Post-Op: Anesthesia



- Fast tracking
- Anesthesia contribution
 - Multi-modal pain control
 - PONV score and therapy
 - Spinal vs General vs Sedation
 - Other anesthesia medications

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Post-Op: Delays



- Pain
 - "Golden hour"
- PONV
- Emergence Delirium
- Rides/Escorts

• Should all be tracked

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30

Summary of Issues

- Over- and Under-Utilized times were most important to efficiency
 - Staff can be adjusted
 - Cases may be added or limited
 - Raw utilization is important, but accuracy is most important
- Promotes accuracy of end time as most important efficiency indicator



Reeves, et al. A&A. December 2021 • Volume 133 • Number 6

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31

So What Really Matters.....?

- Operative time?
- Anesthesia efficiency?
- Team skill?
- Patient preparation?
- Facility lay out?
- Process development?

- All of it, but.....
 - Late starts are relatively few
 - Prolonged turn-over times are few
 - The biggest contribution is

PREDICTABILITY!

- Only thing that prevent overrun and under-utilization.

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32

THANK YOU!

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33

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34