CASES FROM THE REAL WORLD

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CASE 1

63 yo for cysto, bladder biopsy and possible TURBT

1

Preop: 63 yo for cysto, bx, poss TURBT

- · Hypertension controlled with metoprolol
 - METS: > 4
- DM II, on metformin
- Obese BMI 34
 - $^{\circ}$ No formal dx of OSA but STOP BANG score 5
- GERD: rare symptoms if eats late, on regular omeprazole
- H/O low back pain, s/p L₃₋₅ laminectomy

Exam

2

- · Airway:
 - Mallampati 4 when protruding tongue (Mal 3 with just mouth opening)
 - Thyromental distance 3 FB
- · Slight decrease neck ROM
- Otherwise unremarkable

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Labs

- Hgb 15 Plt 270K
- Cr 1.0 K+ 4.0

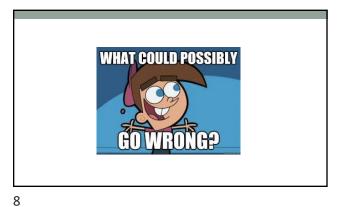
Concerns?

- · What concerns do you have?
- · What about the airway?
- Probable, untreated OSA?
- Anesthetic management technique and why?
- Patient refuses SAB: was "talked into it" in the past; it hurt and "didn't work"

5

Intra op

- GA
 - Propofol induction with fentanyl 50 mcg followed by
 - Propofol infusion at 120 mcg/kg/min + N₂O
 - Fentanyl 25 mcg increments to total fentanyl 150 mcg
- LMA #5 Unique
 - · Uneventful placement
 - Some difficultly ventilating initially but improved with return of SV
- · Case duration one hour uneventful



7

Emergence

- Patient coughs
- Small amount of bile stained fluid suctioned from oropharynx around the LMA

PACU

- Coughing initially
- No wheezing
- Maintained on O₂ 3I without desaturation
- Weaned from O2 in 15 minutes

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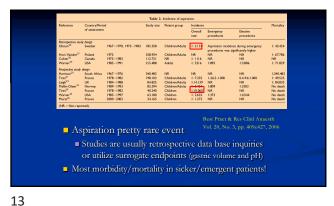
Aspiration

GERD

Obesity

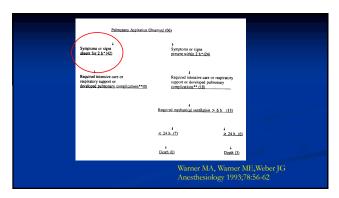
Supraglottic Airways

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"Clinical Significance of Pulmonary Aspiration during the Perioperative Period" ■ 215,488 general anesthetics over 6 years ■ Aspiration well defined presence of an infiltrate on postoperative chest x-ray not identified by preoperative x-ray or physical ■ Incidence - 1: 3,216 Warner MA, Warner ME, Weber JG Anesthesiology 1993;78:56-62 ■ Mortality - 1:71,829

14



"The Incidence and Outcome of Perioperative Pulmonary Aspiration in a University Hospital: A 4-Year Retrospective Analysis" 99,441 anesthetics ■ 14 aspirations (1:7103) ■ Morbidity – 1:16,573

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Aspiration Risk Factors Inappropriately fasted Obesity Opioid medication ■ Previous esophageal or ■ GERD/hiatal hernia

Obesity and Aspiration ■ GI literature pretty clear – GERD incidence increased "Meta-analysis: Obesity and the Risk for

17 18



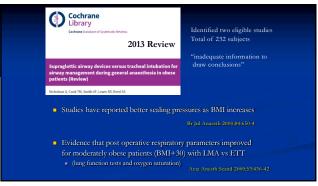
GERD: Who's at Risk? ■ Hiatal hernia but no symptoms of reflux ■ History of reflux but controlled on meds "occasional symptoms if I eat too much"

20

Asymptomatic incidental finding 92.7 (62.2) 3.7 (3.7) 1.2 (20.7) 1.2 (8.5) 1.2 (4.9) incidental finding 73.2 (41.5) 3.7 (2.4) 7.3 (25.6) 12.2 (17.1) 3.7 (13.4) measls Reflux after 47.6 (22.0) 2.4 (2.4) 14.6 (25.6) 18.3 (30.5) 14.6 19.5)
meals
Poffux offer 47.6 (22.0) 2.4 (2.4) 14.6 (25.6) 18.3 (30.5) 14.6 10.5)
meals 47.0 (22.0) 2.4 (2.4) 14.0 (23.0) 16.3 (30.3) 14.0 19.3)
Reflux lying down 12.2 (8.5) 1.2 (0.0) 12.2 (11.0) 30.5 (43.9) 43.9 (36.6)
Treated symptomatic reflux 69.5 (36.6) 8.5 (1.2) 14.6 (28.0) 4.9 (22.0) 2.4 (12.2)
Table I Percentages of the choice of the responders. The first figure is for non-obese patients and the bracketed figure is for obese patients.

Obesity and Supraglottic Airways "gross obesity is usually Archie Brain 1993 Manufacturer's instruction

21 22



Aspiration and SGA ■ LMA offers no protection from aspiration Anaesthesia 1990;45:1039-40 Anesth Analg 2003;97: 1192-4 ■ Methylene blue dye studies ■ pH monitoring studies ■ ASA Closed Claims: 10 cases as of 2010 report

"Major complications of airway management in the UK: results of the Fourth National Audit Project of the Royal College of Anaesthetists and the Difficult Airway Society. Part 1: Anesthesia"

Aspiration – primary event in 23 cases (1:124,896)

13 J.M.A's only one i-gel

Most of the patients had risk factors for aspiration

4 cases - judged that the use was likely inappropriate

Mass a contributory cause

15 cases - 'light anesthesia' judged as a contributory cause

16 J. Anaesth 2011;1066-617-631

"Periprocedural Pulmonary Aspiration: an
Analysis of Medical Malpractice Cases and
Alleged Causative Factors"

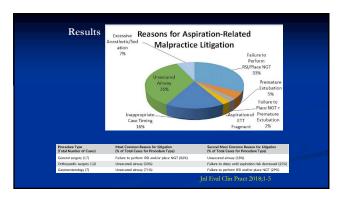
43 claims identified via claims search (Verdictsearch)

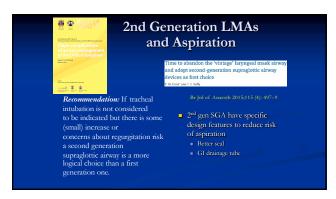
Procedure type:
General Surgery 39.5% Orthopedics 27.9%
Gastroenterology 13.3% OBGYN 7%

Mean award: \$5,460,000

Defendant won - 44.2% Plaintiff won 44.2%
Anesthesiologist 83.7% Proceduralist
34.9% In Eval Clin Pract 2018;1-5

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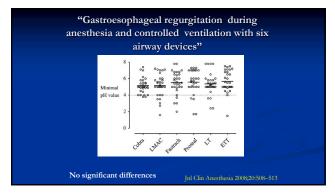
ProSeal LMA

■ Poured blue dyed saline into DT of the PLMA
■ 101/103 no evidence of blue dye in bowel of LMA

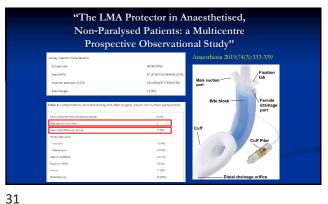
Evans NR, et al. Br Jal Anaesth 2002,88(4): 584-7.

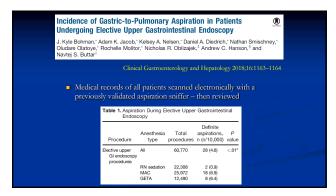
■ "Protection from aspiration with the LMAProSeal after vomiting: a case report"
■ Active vomiting during transfer to PACU
■ Vomitus expelled via the drain tube
■ None detected in pharynx

Can J Anesth 2003,50:78-80



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Pulmonary aspiration during procedural sedation: a comprehensive systematic review S. M. Green^{1,*}, K. P. Mason² and B. S. Krauss³ ■ Reviewed 35 relevant articles – 326 cases ■ Aspiration rate was 1/3rd to ½ that of GA ■ Majority cases in GI (22 reports – 292 cases) ■ Propofol use often cited (deep sedation?)

Conclusions Aspiration is rare ■ Need to identify patients at high risk ■ Tailor anesthetic to risk stratification ■ Treatment algorithms

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CASE 2 78 yo for colonoscopy at free-standing surgery center

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Colonoscopy: Pre Op

- 78 yo woman for colonoscopy due to blood in stools
- · Pre op on day of procedure
 - Bicuspid Aortic Valve
 - Aortic Stenosis and may have a TAVR in the future
 - Told by her cardiologist that she is "OK" to have this procedure
- · Only other significant co-morbidity is hypertension
- Exam
- 50 kg; BP 126/82, HR 72 (regular), SaO2 98%
- · Grade 4/6 systolic murmur
- Medications
 - · ASA, lisinopril, metoprolol

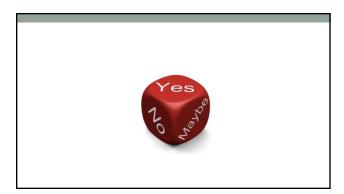
Next steps?

- · Called cardiologist
 - Faxed most recent office visit and echo (one month ago)
 - Notes indicate she is relatively asymptomatic and able to perform ADL
 - TAVR will be considered in next 6 months.

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Labs

- Hgb 9.8
- ECG NSR with mild LVH
- Echo
 - LVEF 55%
- Grade 1 diastolic dysfunction
- AVA (fused, calcific bicuspid) 0.8 cm²
- Mean gradient 35-40 mm Hg



39 40

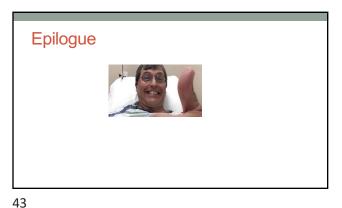
Preop: Anything else?



IntraOp

- MAC
- Etomidate
 - 6 mg
- Fentanyl
- 50 mcg
- Phenylephrine drawn and ready

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No Disclosures

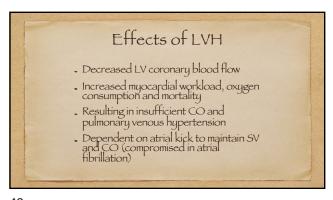
Learning Objectives . Etiology and Definition of Aortic Stenosis · Aortic Stenosis Physiology · Diagnosis and Grading - Severity · Anesthetic Management · Treatment: TAVR vs SAVR

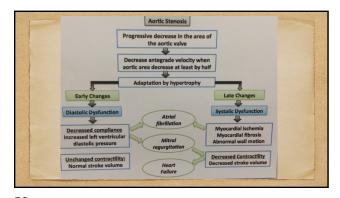
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Etiology of AS Congenital (bicuspid), rheumatic or degenerative (calcific)- most common . Near 30 year progression period

 Aortic Stenosis is obstruction of blood flow across the AV · Leading to a fixed cardiac output LVH due to increased after load, diastolic dysfunction Myocardial demand increases, reducing LY compliance, decreasing EF and LV dilation Increasing LVEDP leading to pulmonary symptoms

47 48





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Diagnosis of AS Physical Exam (murmur) Echocardiogram (calcification, leaflet motion, aortic jet velocity, mean gradient and AVA calculation EKG (LVH or arrhythmias) Chest X-Ray (Cardiomegaly) Exercise stress test (signs and symptoms) CT or Cardiac MRI (valve and aorta size) Cardiac Catheterization (CAD, chamber and aortic pressures)

Grading of AS

Mild: Vmax 2.6-2.9, Mean gradient 30 mmHg, AVA 1.5 cm2

Moderate: Vmax 3.0-4.0, Mean gradient 30-50 mmHg, AVA 1.0-1.5 cm2

Severe: Vmax > 4.0, Mean gradient > 50 mmHg, AVA < 1.0 cm2

51 52

Anesthetic Management Maintain SVR, preload Avoid venodilators (avoid hypotension) Vasopressors immediately available (phehylephrine, vasopressin or norepinephrine) Maintain SR with slow to medium HR, LA kick accounts for 40% of LV filling, avoid tachycardia (decreases diastolic perfusion) Defibrillator available

Treatment

Depends on severity and symptoms
Symptoms may include angina, SOB and syncope
Medical treatment may include ACE inhibitors, beta blockers
Balloon valvuloplasty, SAVR/TAVR

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C



Advantages to TAVR over SAVR TAVR: recommended for 1) Intermediate to prohibitive surgical risk with severe AS, 2) Valve-in-valve procedure for failed prior bioprosthetic valve. Less acute kidney injury and major bleeding, mortality and stroke Decreased length of stay

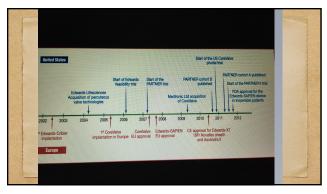
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TAVR Contraindications Life expectancy <12 months owing to a non-cardiac issue M within the last 30 days Congenital unicuspid, bicuspid or non-calcified valve Need for emergency surgery HCM, severe MR or LVEF <20% Severe pulmonary hypertension with RV dysfunction

Intra cardíac mass, thrombus or vegetation
Native aortic annulus <18 or >25 mm
CVA within the last 6 months
ESRD
Mixed aortic valve disease (AS/AI)
Significant aortic disease

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CASE 3

Adventures in the Bronchoscopy Suite

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Bronchoscopy for staging EBUS

- 58 Y/O F
- Former smoker 20 pack year
- · Controlled hypertension
- · CAD, s/p DES 2 months ago
- · Current Meds:
 - Norvasc
 - Plavix (was not stopped)
 - Albuterol
 - Atrovastatin

Exam (am of procedure)

- · Cough, no hemoptysis
- BMI 20.7 162 cm
- BP 122/78 mmHg | Pulse 94 | Temp 36.2 °C Resp 16 | SpO₂ 96% RA
- Airway MP2, Full neck ROM, nl TM, no significant abnormalities
- Lungs/Heart: mild wheeze bilaterally, few bilateral rales, no murmurs, regular HR
- · Any lab studies?

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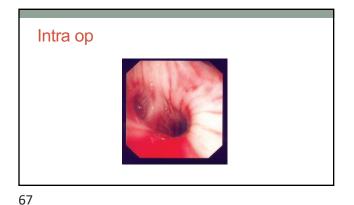
Labs

- · Chest CT
- · Lung infiltrate in the anterior segment RUL
- Nodular densities RLL
- Emphysema
- · Subcarinal, mediastinal, and hilar adenopathy

Discussion

- Proceed or delay to stop Plavix?
- · Which airway to use?
- · Anesthesia technique?
- Monitors?

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When You encounter

Basem Abdelmalak, MD Professor of Anesthesiology Director, Anesthesia for Bronchoscopic Surgery Cleveland Clinic

Bleeding with EBUS!

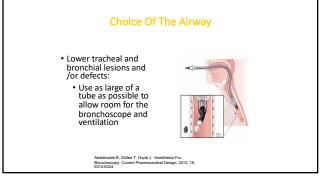
EBUS and antiplatelet therapy

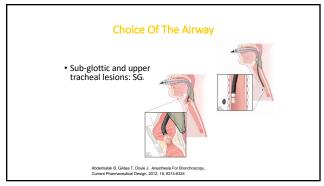
- EBUS can be performed safely with Plavix on board
- It is reasonable to proceed with EBUS-TBNA or EUS-FNA when both:
 - (1) clopidogrel cannot be stopped and
 - (2) an important diagnostic question is at stake.

trains mil. Michighton B. (Nas. 4, Transition A. Sathy of endobronchial ultrasound guided transformershial needle aspiration for patients taking depictory of a proport of 12 consociolate stems. In manual 2018;23(4):530.

Manual P. Aboustheit W. Patients S. Bossenber J. Busters EUS-TBNA and EUS-FNA: Risk Assessment for Patients Receiving Clopidograf. J. (2018):1888. A proportion of the Conference of the Patients Receiving Clopidograf. J. (2018):1889.

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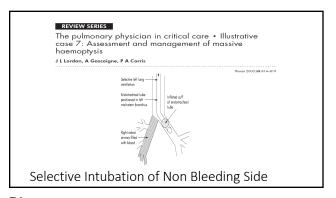


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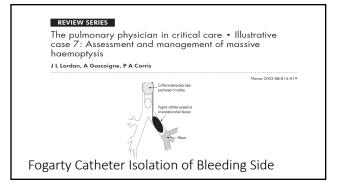
Options to Manage Bleeding

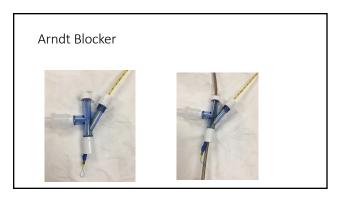
- Suction; endotracheal application of cold saline/sympathomimetics
- Not controlled:
 - Fogarty's catheter to isolate bleeding side
 - Or; Arndt Blocker
 - Or selective ET intubation of non bleeding side
 Consider starting another IV ?

 - Consider A line?
 - IR for selective embolization of bleeding vessel
 - Consider checking coags



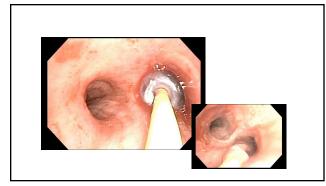
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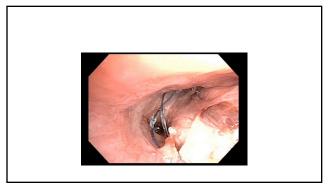


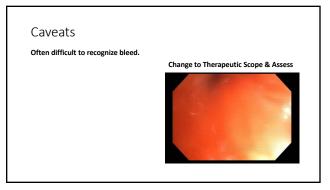


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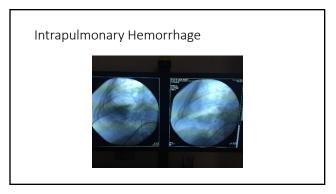








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